



Youth Rules Summary



	U6	U7	U9	U11	JR VARSITY	VARSITY	U16+
Referee	NO	YES	YES	YES	YES	YES	YES
Ball Size	3	3	4	4	5	5	5
# of Players	3 v 3 NO Goalie	5 v 5 1 must be a Goalie	7 v 7 1 must be a Goalie	8 v 8 1 must be a Goalie	7 v 7 1 must be a Goalie	11 v 11 1 must be a Goalie	11 v 11 1 must be a Goalie
Duration of Game	4-8 minute Qtrs 5 min half time Each player must play half of the game	4-10 minute Qtrs 5 min half time Each player must play half of the game	2-25 min Halves 5 min half time Each player must play half of the game	2-30 min Halves 5 min half time Each player must play half of the game	2-30 min Halves 5 min half time Each player must play half of the game	2-35 min Halves 5 min half time Each player must play a min. of 9 min. per game	2-35 min Halves 5 min half time Each player must play a min. of 9 min. per game
Equipment	Shin-guards Socks that cover shin-guards RAC Uniform only Soccer Shoes NO TOE CLEAT NO JEWELRY NO EXCEPTIONS	Shin-guards Socks that cover shin-guards RAC Uniform only Soccer Shoes NO TOE CLEAT NO JEWELRY NO EXCEPTIONS	Shin-guards Socks that cover shin-guards RAC Uniform only Soccer Shoes NO TOE CLEAT NO JEWELRY NO EXCEPTIONS	Shin-guards Socks that cover shin-guards RAC Uniform only Soccer Shoes NO TOE CLEAT NO JEWELRY NO EXCEPTIONS	Shin-guards Socks that cover shin-guards RAC Uniform only Soccer Shoes NO TOE CLEAT NO JEWELRY NO EXCEPTIONS	Shin-guards Socks that cover shin-guards RAC Uniform only Soccer Shoes NO TOE CLEAT NO JEWELRY NO EXCEPTIONS	Shin-guards Socks that cover shin-guards RAC Uniform only Soccer Shoes NO TOE CLEAT NO JEWELRY NO EXCEPTIONS
Slide Tackles	NOT ALLOWED	NOT ALLOWED	Allowed, but not from behind	Allowed, but not from behind	Allowed, but not from behind	Allowed, but not from behind	Allowed, but not from behind
Free Kicks	Only Indirect No Penalty Kicks No Offsides Can't Score from Kick-Off Coach allowed behind goal	Only Indirect No Penalty Kicks No Offsides Can't Score from Kick-Off Coach allowed behind goal	FIFA Can't Score from Kick-Off Coach allowed behind goal	FIFA Can't Score from Kick-Off Coach allowed behind goal	FIFA Can't Score from Kick-Off Coach allowed behind goal	FIFA	FIFA
Throw-ins	Yes	2 Attempts	1 Attempt	Retry until ½ of season	Retry until ½ of season	No Retry	No Retry
Substitutions	In the middle of each quarter or at the end of a quarter	Both Teams on any Throw-ins Goal Kicks After Goals Corner Kicks	Both Teams on any Throw-ins Goal Kicks After Goals Corner Kicks For injury	Both Teams on any Throw-ins Goal Kicks After Goals Corner Kicks For injury	Both Teams on any Throw-ins Goal Kicks After Goals For injury	Both Teams on any Throw-ins Goal Kicks After Goals For injury	Both Teams on any Throw-ins Goal Kicks After Goals For injury
Cards	Coaches Referee No Cards	Do not Use	Yellow	Yellow or Red	Yellow or Red	Yellow or Red	Yellow or Red

Parents & fans must sit on the opposite side of the field from the player benches

Weather: If you see lightning and hear thunder within 30 seconds of the strike CLEAR THE FIELD. You need to wait 30 minutes to restart the game.

Game cancellations will be announced by 4:00 p.m. on weekdays and by 8:00 a.m. on Saturdays. This information can be accessed at www.rogersarkansas.com/recreation or by calling 479-631-0336 and choosing option #1.